

## **Abstract**

A knitting method of knit pants knitted using a flat knitting machine, wherein the knitting starts at a side part on either right side or left side including a side part of a vertical rise part and a side part of a leg part and ends at a side part on the other leg side including a side part of a vertical rise part and a side part of a leg part. A front knitted fabric part and a back knitted fabric part are knitted in the following steps so that a length of the front knitted fabric part from the side to the crotch can be made shorter than a length of the back knitted fabric part from the side to the crotch. The steps comprises the first step of doing the knitting to set up to join and knit the side part of the vertical rise part and the side part of the leg part on the one leg side, the second step of knitting the vertical rise part and leg part of the front knitted fabric part on the one leg side and also knitting the vertical rise part and leg part of the back knitted fabric part on the one leg side, the third step of joining together and binding off inside leg joining parts of the leg parts on the one leg side, the forth step of doing the knitting to set up to join and knit the inside leg joining parts of the leg parts on the other leg side, the fifth step of knitting the vertical rise part and leg part of the front knitted fabric part on the other leg side and also knitting the vertical rise part and leg part of the back knitted fabric part on the other leg side, and the sixth step of joining together and binding off the side part of the vertical rise part and the side part of the leg part on the other leg side. This knitting method can provide the knit pants that fit more beautifully to one's figure and look more beautiful externally when wearing.